

ALAMEDA BRANCH 2017-2018 BOARD alameda-ca.aauw.net

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# Alameda Branch News

AAUW Alameda Branch celebrates our strengths and promotes education and equity for women and girls in our community.

## SEPTEMBER 2018

A publication of AAUW Alameda Branch, chartered 1962 Vol. 56, Issue 1

Welcome back to our September kickoff luncheon for our AAUW Alameda Branch 57th year. This year celebrates the twentieth anniversary of the Tech Trek program. In addition to introducing our new Leadership Team, upcoming special events and our interest groups, our September meeting features presentations by our middle school Tech Trek campers. Since 1998, AAUW Tech Trek has worked to help girls explore their interests in science, technology, engineering and math.

This year, our Alameda Branch provided scholarships to five girls from Alameda schools to attend Sonoma State University for a week to live and eat in the dorms, attend lectures, learn by doing, go on outings, meet professional women working in STEM fields and have fun! The presentations by these girls are part of their experience to learn to present in front of an audience. They are prepared by our own science teacher, member Linda Preminger. Come join us to see how our program places them on the path to success. It is inspiring!

Please bring your checkbooks and plan to give generously to support this wonderful program. The cost for each girl is \$1,000 so we have to raise \$5,000 each year and the branch members are major supporters! If you won't be able to attend the luncheon, you can still show your support by going to the Tech Trek section of our website, scroll down and click on the "Donate" button or by sending a check. Checks must be made out to AAUW CA SPF and can be mailed to Barbara Krummel, 3258 Liberty Ave., Alameda, CA 94501. Thanks so much for sending our girls to camp and please see the photo and a thank you note at this link:

https://alameda-ca.aauw.net/2018/05/29/tech-trek-lunch-at-girls-inc/

### Saturday, September 8, 2018 AAUW Alameda Branch Tech Trek Lunch 11:30 am Social, 12:00 pm Lunch at Girls Inc., 1724 Santa Clara Avenue, Recreation Center

#### Box lunches by Jay's Coffee, Teas & Treats

- Turkey Cranberry with roasted onions, mayo, tomato, lettuce on a Kaiser bun
- 2. Chicken Avocado with roasted onions, tomato, arugula, mayonnaise, and mustard on a focaccia bun
- 3. BLTA-Bacon, Lettuce, Tomato, Avocado with mayo and mustard on wheat bread
- 4. Jay's Tuna is a blend of white albacore tuna, dill, celery, scallions, and mayo on Sourdough with mustard, lettuce, tomato, and cream cheese

 Roasted Zucchini, hummus, basil dressing, avocado, mixed greens on whole wheat bread.
All sandwiches come with a small green salad. Lunch includes a cookie and water. Coffee will be available. Please select one and note in the memo section of your check. Make the check out to AAUW Alameda Branch for \$17.00 and mail to:

Penny Washbourn, 501 Lagunaria Lane, Alameda 94502 510-748-7455. pwashbou@hotmail.com for receipt by *September 1*. *Note this is Labor Day weekend, no mail on September 3*.

Our Mission is advancing equity for women and girls through advocacy, education, philanthropy, and research. AAUW is the nation's leading voice promoting equity and education for women and girls. Since our founding in 1881, AAUW members have examined and taken positions on the fundamental issues of the day — educational, social, economic, and political.

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## AAUW Alameda Branch Leadership Team 2018-2019

Leadership responsibility for our AAUW Alameda Branch this year will be shared among five Board members and one ex officio.

Karen Scanlon VP Ed Fund will chair the Team and be the point person for "presidential" communication from AAUW National and AAUW CA. Penny Washbourn VP Programs, Kendall Harcourt VP Membership, Susan Myers Finance, Mary Oppedahl Secretary and Dorothy Kerwin Parliamentarian will also serve.

Board meetings in August and October will be chaired by Susan Myers; in November, December and January by Penny Washbourn, in February and March by Karen Scanlon and in April and May by Mary Oppedahl. Please send agenda items to the Board Chair for that month by 2 weeks prior to the first Monday of the month.

The Newsletter "Message" will be written by the Board Chair for that month and submitted to the Newsletter Editor Mari Clark by the 10th of each month.

Items for the mid-monthly eblast "The Bridge" should be sent to the Editor Mari Clark and copied to the Leadership Team.

Key emails: Karen Scanlon Penny Washbourn Kendall Harcourt Susan Myers Mary Oppedahl Dorothy Kerwin Mari Clark

yakitt@aol.com pwashbou@hotmail.com ksharcourt@gmail.com samsat@att.net moppedahl@yahoo.com kerwindorothy@gmail.com meclark922@gmail.com



## Message from September Board Chair

### "Optimism is the faith that leads to achievement." - Helen Keller

It's with renewed optimism that we move into the next academic year, full of purpose and excitement for what's to come. Driving that optimism is a dedication to AAUW's mission of empowering women and girls through research, advocacy, education, and philanthropy. I continue to be humbled by our branch's commitment to this mission and willingness to lend its time and energy to further our goal of equity.

In the spirit of this optimism, I invite our members to consider what they can contribute to our branch in the upcoming year. We are so fortunate to have members with such a diverse and bountiful skillset. If you're looking for a way to contribute, please consider attending one of Alameda's monthly Chamber of Commerce events. These events not only allow for ample networking and socializing, but are also a way in which we can ground ourselves within the Alameda community. As VP of Membership, Kendall Harcourt will be attending these monthly meetings, and would love the opportunity to bring another AAUW member along as a guest. If you are interested in attending, please contact Kendall at: ksharcourt@gmail.com.

Other opportunities for individual contribution are available through attending our upcoming September events:

Aileen Rizo will be speaking on Saturday, September 22nd 4 to 6 pm at the Richard C Trudeau Center at 11500 Skyline Blvd in Oakland. Rizo will be sharing her journey working with legislators and advocates to pass some of the strongest pay equity bills in the nation. Her landmark case decision issued in spring 2018 laid the foundational groundwork to prohibit prior wages as a justification for pay discrepancy.

The Tech Trek committee is organizing our September luncheon on Saturday, September 8th at Girls Inc. Please join us for this wonderful chance to meet our 2018 campers and donate to the cause. Tech Trek is an amazing opportunity that introduces 5 Alameda girls to the college experience while they explore their passion for STEM.

This summer, our newly elected 2018-2019 leadership team (Karen Scanlon - Chair, Penny Washbourn - Programs, Kendall Harcourt -Membership, Susan Myers - Finance, Mary Oppedahl - Secretary, Dorothy Kerwin - Parliamentarian) convened to discuss our successes in the previous year and our plan for the future. In the absence of a branch President, our Board will function differently than in previous years, sharing responsibilities and collaborating on upcoming projects. This is an opportunity for the entire leadership team to contribute to the monthly newsletter, lead Board meetings, and participate in interbranch council meetings. We're confident that this shift in responsibilities will allow space for diverse perspectives and growth for our branch.

Thank you so much for all that you do to support the AAUW mission. We hope to see you at an upcoming event in the coming months! - September Chair Kendall Harcourt



**Charlene Roxas** 

# Meet the College of Alameda Scholarship winners Charlene Roxas and Hang

I am Charlene Roxas and I migrated here in the USA on March 4, 2016. I am a first generation college student. I live with my mother and my younger sister who is currently in senior high school. Although my mother is taking care of us, I am mostly responsible for my sister's needs when it comes to her school meetings.

I am currently enrolled at Peralta Colleges and my home college is College of Alameda. I am a full time student and I am planning to finish my requirements for Associates Degree in Business Administration next year. My goal is to obtain my Associates Degree and transfer to a four year University. My plan is try my luck in transferring to University of California Berkeley. It will not be easy because it is a competitive school but I still want to try my best in fulfilling their requirements. My second option is to apply to San Jose State University and other State Universities in the Bay Area. My third option is University of California Davis. It is my last option because they do not have Business Administration but they do have Managerial Economics which is kind of related with what I want.

I currently work at the Learning Resources Center in College of Alameda. I work as a writing tutor and as a front desk clerk. We are only allowed to work 20 hours per week so my hours are divided in the writing center and in the front desk. I had a full time job before and other part time jobs but I decided to focus on school and be a full time student. My current job is the only one that is flexible enough to fit in my schedule for my classes. I like it because I work on campus so I go directly to work after class. Also, teaching ESL students, helping students think, structure, and edit their papers is fun. I also meet new people with different cultures which is helpful for me to appreciate more the cultural diversity that California has to offer.

My personal goals consist of finishing my Bachelor's Degree and maybe apply for a Master's Degree. Aside from that, I want to have my own cafe restaurant. It is my dream to have my own business. My family had a Filipino restaurant before in Alameda but unfortunately they had to close it. I want to have experiences in the business field so when I am ready to build my own cafe restaurant I will know the ins and outs of it. I studied baking and pastry in the Philippines and I wanted to make use of the skills that I have learned. I also want to help my mother pay for my sister's education after I finish college. Overall, I want to be the best that I can be and be successful in life. I believe that money, job, and everything that we have are all temporary things. But education is something you keep forever.

By Charlene Roxas



Hang, daughter, Patti Heimburger

My name is Hang, this is my second year in College of Alameda, and my major is computer science. My GPA is 3.86. I'm a single mom, so there were so many things hold me back from school. I just had a chance to go back to school last year, and it's been one of the precious chances in my life. I go to school four days and work three days a week in this semester.

Four years ago, my family and I immigrated to America from Vietnam. This event changed my life completely. My parents are elderly, and I'm a single mom. As the only one who could speak English well enough to be able to find a job, I became the sole breadwinner in a four-person family. The only job I could find was a nail technician, a typical job for Vietnamese women. There is nothing shameful about this job, but it hurts my pride in some ways. My family was not rich in Vietnam, but my parents worked hard enough to give me and daughter a decent life. For the first time in my life, I had to bow down and wash people's feet. I can never forget that very first moment. I cried myself to sleep that night. However, I had to get over it eventually. I couldn't be a crying baby when I was responsible for four people's lives.

Getting used to the job does not mean I accept it; every time I bow down, I still feel my heart hurting. I'm still doing that job, but I have never thought of it as my career. Every time I go to work, I see how people look down on us, nail technicians who cannot speak English properly. I'm aware that this job will not help me to reach my full potential and achieve my goals. I know I have to educate myself to get out of this situation.

Therefore, I give college my best effort. Starting, going to college is my best decision. It opened my life to another world. I love going to school and learning new things. I can see how it will change my future. Since English is not my first language, college was not easy for me at first. Being aware of this challenge, I motivate myself to study harder. If others spend one hour to study, I spend two or even three hours to make up for my language barrier. I read books, study vocabularies, and try everything I can do to improve my English. Taking care of my daughter, working and going to school at the same time is not easy, but I have never thought of giving it up. I may sleep less and hang out less, but I always keep my motivations high.

Not long ago, my parents were able to find a job. It made the situation a bit better, but I see my mother bowing down to wash someone's feet and my father standing up washing dishes for ten hours straight. Witnessing these struggles, my heart is broken, but it inspires me to never give up my goals.

Being able to overcome obstacles in my life and move forward with my goals is my best accomplishment. I'm proud of how I have been able to maintain my dedication and dignity even while doing work I never thought I would do. Despite the hardship, it has shaped the stronger, responsible, and motivated person I have become.

By Hang

# Branch sponsors Title IX presentation for AUSD

On August 2, 2018, we sponsored a Title IX presentation for the Alameda Unified School District for Principals, Vice Principals and various administrators during their annual pre-school-year in-service training day. The presentation was made pro bono by Meghan Covert Russell of the education law firm of Parker & Covert LLP in Sacramento. It covered the basics of Title IX, several hypothetical scenarios likely to arise in a school setting and a question and answer period. The audience was both engaged and enthusiastically responsive.

The opportunity to help the District with this important initiative was made possible through the efforts of Jennifer Williams, a new AAUW member and member of the school board. We will continue to discuss further AAUW-sponsored activities with the District, including possible teacher training. Thanks to out-going President Penny Washbourn whose vision gave rise to the project and Mary Oppedahl who arranged for the speaker.

### AAUW Mega Yard Sale

A "Big Shout Out" to the many AAUW members who helped by planning, donating, sorting, pricing, staffing and shopping at this event. Special "kudos" to Barbara Krummel and family for hosting the yard sale and much more. Additional valiant helpers: Penny Washbourn, Cindy Silva, Mary Oppedahl, Marilyn Sharron, Carolyn Queener, Karen Kenney, Mark Hamilton, Virginia Darrow, Shubba Fanse, Beth Sibley, Elizabeth McGaffey, Mary Ann Rose, Jennifer Williams, Patti Heimburger, Ellen Chesnut, and Helen Harris.

Our profit was about \$2,300 for the Peralta Colleges Foundation and \$200 for the Education Fund. We had donations from Peet's Coffee and Tea (1901 Webster Street), Starbucks (South Shore), Blue Dot Café (1910 Encinal Avenue) and Donsuemore Madeleines (2080 N Loop Road). Please stop by and show them you appreciate their support for AAUW.

Believe it not, Barbara Krummel has offered to host another Yard Sale in the future!

### Meet Our AAUW-California Fund and Grant recipients on Sunday October 7

Noon - 3 pm Crow Canyon Country Club 711 Silver Lake Drive Danville 94526

The East Bay luncheon honoring the fund and grant recipients is a chance to get to hear from many of the recipients as they give a brief description of their field of study. It is at this event that we select our featured speaker for our own Ed Fund lunch in February.

For carpool coordination or more information contact Karen Scanlon, Ed Fund VP at yakitt@aol.com, or visit the AAUW-CA website.

AAUW has a long and distinguished history of advancing educational and professional opportunities for women in the United States and around the globe. One of the world's largest sources of funding for graduate women, AAUW provided more than \$3.7 million in 241 fellowships and grants to outstanding women and non-profit organizations in the 2017-18 academic year.

All members are welcome and you can register on line at https://danville-fund-luncheon.eventbrite.com.

Advancing Pay Equity: Does Prior Salary Perpetuate the Gender Pay Gap?! Hear Aileen Rizo's story on Saturday September 22

> 4 pm - 6 pm Trudeau Conference Center 11500 Skyline Boulevard Oakland 94619

Aileen Rizo, featured in the August 2018 issue of Harper's Bazaar, will tell the tale of her journey from mathematics education instructor to litigant, Ph.D. candidate and the world of California politics.

In 2012, Rizo began a fight for pay equity. Her case, a landmark decision issued in April 2018, overturned previous precedent whether an employer can use prior salary to set compensation. Since women are paid less than men, on average, for the same work, the decision could close the gender pay gap sooner. Rizo's case was supported by the AAUW Legal Advocacy Fund.

Rizo is an advocate for the economic security of women in our state, working with legislators to pass some of the strongest pay equity bills in the nation. Register at: http://bit.ly/AdvancingPayEquity9222018.



### **Great Decisions Group**

This group has been a part of Alameda branch for more than 30 years. It is sponsored by the Foreign Policy Association.

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book and meeting in a discussion group to have a conversation about the most critical global issues facing America today.

The Alameda model involves an initial meeting so that each member can choose one of the 8 topics in the book, then researching and presenting that topic to the group. If you like politics and attempting to solve the great issues facing the planet, this group is for you.

We meet in the spring, 8 meetings scheduled between February and June. I order the books in December (approximately \$25), as soon as they are published. Let me know if you are interested in joining us. Dorothy Kerwin, kerwindorothy@gmail.com, 510 769-9159

### Tech User's Group

This is a self help-group for users of smart phones, tablets and new applications to help us stay up with the digital age. Facilitated by Kendall Harcourt we have met in members' homes on the Third Thursday of the month on an as needed basis. Please contact Kendall to let her know of your tech needs so we can plan this years' activities.

### ksharcourt@gmail.com 408-449-9695

## Volunteers Needed for Branch Committees 2018-19!

As we all know, "it takes a village" to plan, coordinate our many activities for the AAUW Alameda Branch that involve supporting women and girls at the local and national levels. AAUW Alameda is most fortunate to have a large percentage of its members be actively involved in our Board and in various Committees, but this year in particular, we need more volunteers! If you have been looking for a small way to get involved, here are some possibilities.

1. The Outreach Committee: plans special events, sometimes with other community groups such as the League of Women Voters of Alameda, Friends of the Library, the College of Alameda, other East Bay AAUW Branches or the PTA. The focus is to plan one or two programs a year that make AAUW Alameda visible in the community and assist in member recruitment. Chair Shubha Fanse Shubhaf09@gmail.com 510-865-0548

2. The Fundraising Committee: Meets bi-monthly to set priorities for annual fundraising for Tech Trek and College of Alameda Scholarships based on program needs. Recommends to the Board any specific fundraising events and recruits others to coordinate and volunteer. Chair: TBA

3. Communications Committee: Meets bi-monthly. Works with all media outlets, including print, website and social media to present current and engaging information regarding the Branch and its activities to members and the general public. Wanted: photographers, story writers, Facebook and Twitter devotees. Contact Mari Clark , Newsletter Editor meclark922@gmail.com 510-769-6875

4. The Membership Committee: Works with the VP Membership to plan recruiting events, host new member meet-ups and set up a buddy system for new members. Meets on an as needed basis: Chair Kendall Harcourt VP Membership. ksharcourt@gmail.com 408-449-9695

5. College/University Liaison Committee: Works with College of Alameda faculty, students and staff to support AAUW student club and offer programs to support women at COA. Contact Patti Heimburger patti art@comcast.net 510-523-5613

6. Transportation Volunteers: One or two people. Coordinate rides for members to attend luncheon and evening events. Name and contact info to be listed in newsletter.

## Museum Group to visit SFMOMA Thursday September 13

The Museum group will be going to the Museum of Modern Art in San Francisco (MOMA) on September 13 (the second Thursday of the month). We will see Rene Magritte's paintings. René Magritte (1898–1967) was one of the most intriguing painters associated with Surrealism, but he did not fully find his voice until after breaking ties with the movement. This exhibition, the first to look exclusively at Magritte's late career, examines his most important bodies of work from the 1940s through the 1960s, and shows how they marked a fundamental shift in painting from Modernism to our own time.

- General senior admission for MOMA is : \$22.00, Rene Magritte exhibit: \$8.00
- Carpool leaves from the Ross parking lot at South Shore Center. ٠
- We leave at 9:30 am sharp and generally get home between 3:00 pm and 4:00 pm. •
- If you are interested in going, contact Judy Sparks at JudySparks@comcast.net or call 510- 523-6736. •
- We will have lunch about 11:00 am at The Grove Restaurant (\$\$) on 690 Mission St.



Alameda Branch P.O. Box 2932 Alameda, CA 94501 https://alameda-ca.aauw.net/



2018 Tech Trek Campers





Barbara Krummel and Patti Heimburger serve up ice-cream at the annual Tech Trek Ice Cream Social in Judy Ireland's garden to send off the new campers to Sonoma State.

## SEPTEMBER 2018 IMAGE GALLERY

AAUW is California's most active and diverse organization for women, offering action for equity, personal and professional growth, community leadership, and friendship. AAUW promotes equity for all women and girls, lifelong education, and positive societal change. Membership is open to all graduates who hold associate or equivalent, baccalaureate or higher degrees from an accredited college or university, and college/university students.

Branch Activities	SEPTEMBER					2018
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 11:30 am Tech Trek Lunch Girls, Inc.
9	10	11	12	13 9:30 am Museum Group	148	15
16	17 1:00 pm Afternoon Book Club	18	19	20	21	22 4:00 pm Aileen Rizo 11550 Skyline Also: Ethnic Dining Group
23/30	24	25 7:00 pm Evening Book Club	26	27	28	29